

## Until It Hurts Americas Obsession With Youth Sports And How It Harms Our Kids

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### Until It Hurts Americas Obsession

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Start your review of **Until It Hurts: America's Obsession with Youth Sports and How It Harms Our Kids**. Write a review. Feb 20, 2010 Thomas rated it liked it. Shelves: nonfiction. 3.5 stars. An interesting look on how obsessive parents, coaches, and America in general are becoming with "youth" sports. There were ...

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In **Until It Hurts**, journalist, coach, and sports dad Mark Hyman explores how youth sports reached this problematic state. His investigation takes him from the Little League World Series in Pennsylvania to a prestigious Chicago soccer club, from adolescent golf and tennis superstars in Atlanta to California volleyball players.

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**Until It Hurts: America's Obsession with Youth Sports and How It Harms Our Kids**. Near the end of a long season, fourteen-year-old baseball pitcher Ben Hyman approached his father with disappointing, if not surprising, news: his pitching shoulder was tired.

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**Until It Hurts** is a sobering manifesto that should be required reading for every parent, coach, administrator, and referee. Though my daughter's U-7 soccer team doesn't know it, I've already implemented its smart, sensible, and long-overdue advice."—Stefan Fatsis, National Public Radio sports commentator and author of *A Few Seconds of Panic* and *Word Freak*

### Until It Hurts: America's Obsession with Youth Sports and ...

DiFiori recalls a mother bringing her 10-year-old son to his office with complaints of a pain in his knee. The boy was a gifted soccer player, and his father was his coach.

### Until It Hurts: America's Obsession with Youth Sports and ...

Within the book "Until it hurts: America's obsession with youth sports and the way it harms our kids" the author, Mark Hyman, discloses the problem encompassing the extraordinary pressure that folks and coaches are thrusting on their youngsters in their sports.

### Book Review Essay - The Book Until It Hurts is a tool that ...

Mark Hyman talks about his new book **Until It Hurts: America's Obsession with Youth Sports and How It Harms Our Kids**. 'Until It Hurts' Scrutinizes Youth Sports Obsession Listen · 5:38 5:38

### Until It Hurts : NPR

This "hair-raising look at everything that is wrong with youth sports today"—its perils, its history, its key drivers—is a powerful call for positive change (Buzz Bissinger, author of *Friday Night Lights*)Over the last seventy-five years, adults have staged a hostile takeover of kids' sports. In 2003 alone, more than 3.5 million children under age fifteen required medical treatment for ...

### Until It Hurts: America's Obsession with Youth Sports and ...

Rebecca Roberts talks with Mark Hyman, author of the new book **Until It Hurts: America's Obsession with Youth Sports and How It Harms Our Kids**. Hyman's son, Ben, was an aspiring high school baseball...

### 'Until It Hurts' Scrutinizes Youth Sports Obsession : NPR

**Until It Hurts Americas Obsession** **Until It Hurts: America's Obsession with Youth Sports and How It Harms Our Kids** Paperback – March 1, 2010. by. Mark Hyman (Author) › Visit Amazon's Mark Hyman Page. Find all the books, read about the author, and more. Amazon.com: **Until It Hurts: America's Obsession with Youth ...**

### Until It Hurts Americas Obsession With Youth Sports And ...

**Until It Hurts** provides the answer-and offers the solutions we've been looking for."--Joan Ryan, author of *Little Girls in Pretty Boxes*--This text refers to the paperback edition. About the Author Mark Hyman is a journalist, frequently contributing to publications, such as *The New York Times* and *Sports Illustrated* , and he was a former writer for *BusinessWeek* and *Sports Business Journal* .

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### Beacon Press: Until It Hurts

Get this from a library! **Until it hurts : America's obsession with youth sports and how it harms our kids**. [Mark Hyman] -- Near the end of a long season, fourteen-year-old baseball pitcher Ben Hyman approached his father with disappointing, if not surprising, news: his pitching shoulder was tired. With each throw to home ...

### Until it hurts : America's obsession with youth sports and ...

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**Until It Hurts: America's Obsession with Youth Sports and How It Harms Our Kids** (Unabridged) Mark Hyman, M.D. \$17.99; Listen \$17.99; Listen Publisher Description. Every year, more than 3.5 million children under age 15 require medical treatment for sports injuries, nearly half of which are the result of simple overuse.

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